



NEWS From Carolina Mills, Inc.

April, 1991

Safety Awards Presented To Carolina Mills



The American Textile Manufacturers Institute (ATMI) Safety Awards were presented to Corporate Safety Director Harold Lineberger at the Annual ATMI Safety Meeting Conference in Greenville, SC, on March 6, 1991.

Plants presented awards in recognition for working without a lost-time injury for the past year were: Plant No. 1 in Maiden; Plants No. 2 and No. 3 in Newton; Plant No. 12 in Statesville; and Plants Nos. 21 and No. 22 in Ranlo.

Congratulations to all the employees who work in these plants. It takes team effort for a plant to operate for a year with no lost-time injuries.

Harold Lineberger, Corporate Safety Director, (right) presented the ATMI Safety Awards to: (I-r) Willie Wentz, Personnel Administrator at Plant No. 2; Bristol Cheek, Personnel Administrator at Plant No. 12; Larry Mosteller, Personnel Administrator at Plant No. 3; Bill Brotherton, Personnel Administrator at Plant No. 1; and Dan Blair, Personnel Administrator at Plants No. 21 and 22.

CORPORATE NEWS

National Secretaries Week April 21 - 27

On March 16, several secretaries and office staff employees attended a seminar at the Clement Center in Hickory sponsored by the Hickory Chapter of Professional Secretaries International (PSI). The seminar, entitled "Ls For Living," was conducted by Dr. Anne Matthews. Carolina Mills paid the registration fee for each person to attend. Those attending the seminar were: Scottie Abernethy, Main Office; Vickie Buchanan, Plant No. 8; Donna Davis, Industrial Engineering; Frances Ervin, Main Office;

Frances Garris, CM Furniture; Carol Harwell, Main Office; Violet Hatchett, Main Office; Carolyn Haynes, Plant No. 4; Nancy Holloway, CM Furniture; Betty Isaac, Main Office; Beth Keisler, Main Office; Evelyn Lail, Plant No. 4; Debbie Rigney, Main Office; Polly Reitzel, CM Furniture; Nancy Riley, CM Furniture; Cindy Taylor, Main Office; Lynn Triplett, CM Furniture; Gail Weaver, Plant No. 4; and Laura Witherspoon, Main Office.

During National Secretaries Week, Carolina Mills will treat all the secretaries to lunch of their choice and each will be presented with a gift from the company showing appreciation for all their hard work and dedication during the year.



EMPLOYEES ON THE MOVE



Charles Cobb New Employee

Charles Cobb joined Carolina Mills Aviation Department February 18. He came to Carolina Mills from Catawba Valley Aviation.

Charles attended Western Piedmont Community College and resides in Hickory.

Outside of work, Charles enjoys flight instructions and all types of sports.



Sadie Ruth Roland Retiree

Sadie Ruth Roland retired from Plant No. 14 in Hickory with 26 continuous years of service. Ruth's first job was as a Magazine Filler at Plant No. 14. She later became an Inspector and held this job until she retired.

Ruth lives in Vale with her husband, Clarence.

Now that she has retired, Ruth plans to travel and get caught up on her rest. Ruth said, "I am glad I made 26 years and was able to be a member of the Quarter Century Plus Club."





The credit union movement's Operation Grassroots Rally, which took place February 28, 1991 on the Mall in Washington, DC, was a celebration of democracy in action.



Its theme was "Credit Unions — The People's Voice," and it was a forceful demonstration of support for the consumer-oriented credit union system.

The credit union system serves 62 million American credit union members in 14,600 credit unions across the country. Credit unions offer a wide range of financial services at reasonable rates to consumers in a friendly, understanding atmosphere.



Joyce Hovis (left) and Betty Isaac (right), represented the Carolina Mills Employees Credit Union.

In the massive realignment of the financial services industry spawned by the savings and loan crisis, credit union members have been fighting to retain their separate, independent, consumer-oriented system.

Over 11,000 members and officials from every state and congressional district travelled to Washington, DC, to personally voice their message and to deliver petitions containing over five million signatures of credit union members. The petitions, which were collected over the past year, opposed moving credit unions under the banking system.

Over 300 hometown rallies were held in the same day in cities and towns across the country.

PETITION OF CREDIT UNION MEMBERS

This is to Certify that we, the undersigned members of the Credit Union, hereby petition the Congress of the United States of America to protect and defend a separate, consumer-oriented credit union system by not permitting this system to be taken over by the banks or their banking regulators.

Carolina Mills Employees Credit Union Annual Meeting Held



The 16th Annual Meeting of the Carolina Mills Employees Credit Union was held February 25, 1991 at the Clubhouse in Maiden. The meeting was open for all members of the Credit Union. The following served as board members during 1990:

(I-r) Berry Cauble, Plant No. 24; John Truesdale, Industrial Engineering; Joyce Hovis, Credit Union; Charlie Hyder, Main Office; Betty Isaac, Main Office; and Dennis Henry, CM Furniture.



Environmental

Recycling Update

On February 15, Plant No. 2 became the first plant to become involved in the company recycling program to improve and protect our environment. The employees began recycling white paper, computer paper, aluminum cans, cardboard, wire bale straps, and bale covers.

Everyone is responding to the program in a very positive way and is thankful to Carolina Mills for their interest in preserving the environment for our children in future years. Employees doing their share:



Mitzie Loftin, Twister Tender at Plant No. 2, emptied white paper into recycling containers.



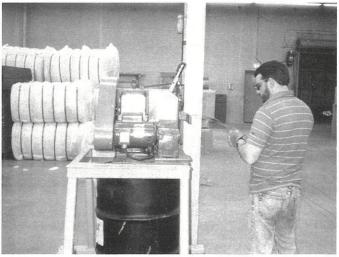
Rufus Audrey, Utility at Plant No. 2, shown at the cardboard recycling containers.



JV Randall, Plant Manager at Plant No. 2, demonstrated how to crush an aluminum can before disposing in recycling containers.



Bale wrapping cover ready to be sold for recycling.



Gary Harvell, Shipping Clerk at Plant No. 2, inserted bale wire into cutter before recycling.



SAFETY

Working Toward An Accident-Free Work Place

Hours Worked Without A Lost-Time Injury

Plant No. 1	629,466.7
Plant No. 2	495,978
Plant No. 3	2,359,872
Plant No. 4	4,698
Plant No. 5	198,885
Plant No. 6	82,475.4
Plant No. 8	328,427
Plant No. 12	1,660,351.8
Plant No. 14	148,418.9
Plant No. 21	897,718.4
Plant No. 22	850,611.1
Plant No. 24	201,309
CM Furniture, Inc.	10,906

Keep Up the Good Work!!!

'Feeling Great' Word Search

If you're searching for the great feeling of good health, you'll get some super ideas on how to achieve that goal in the following word search. Have fun, and keep these exercise and diet suggestions in mind as you gear up for summer.

Е	R	U	S	S	Ε	R	P	D	0	0	L	В
S	Α	С	R	Α	G	U	S	Α	R	T	I	Α
I	W	Α	L	K	I	Ν	G	S	L	K	L	S
С	D	I	I	0	G	Ν	С	Α	I	S	L	K
R	V	Α	M	N	S	I	S	N	С	T	Α	Ε
E	U	L	I	M	В	N	G	G	В	R	В	T
Х	Α	K	R	0	I	G	S	Ν	Α	Ε	T	В
Ε	I	Y	R	T	Ε	Ν	Ν	I	S	T	Ε	Α
Н	Y	Ε	S	Ε	Ν	I	G	В	E	С	U	L
Ε	Α	L	P	I	Ε	G	T	M	В	Н	Q	L
Α	W	L	0	D	R	G	F	I	Α	I	С	Т
R	0	0	L	0	G	0	0	L	L	N	Α	Α
T	L	V	0	Ε	Y	J	0	С	L	G	R	F
M	S	С	I	Ν	Ε	Н	T	S	I	L	Α	С

Jogging
Log (rolling)
Low (fat)
Polo
Racquetball
Raw (vegetables
Running
Salt (low)
Stretching
Sugar (free)
Swimming
Tennis
Volley (ball)
Walking

"Working safely can save you plenty. Fingers? Toes? Whew! Still twenty!"

> —Gary Blackburn in METER, Oklahoma Gas and Electric Company, Oklahoma City.

Answer to 'Feeling Great' Word Search on Page 7

Hidden words: Cardiovascular System



HEALTH

April Is Cancer Control Month

During this month, the medical department at Carolina Mills will be promoting Cancer Awareness and Prevention through literature and videos from the American Cancer Society.

What You Can Do To Beat The Odds

Medical statistics are cold, impersonal numbers. Behind them, however, lie millions of broken lives, and where cancer is concerned, pain and an early death for many individuals.

Because everyone knows a friend or family member who has had cancer, the facts are already personalized. We won't quote numbers, but we will give you the American Cancer Society's best advice on reducing the odds that your life will lie beneath a number in a column of statistics.

Many cases of cancer occur without apparent cause. In a large percentage of people who develop cancer, doctors

can point to one or more ways in which the patient has lived that contributed to developing the disease. These are the areas we pinpoint. By decreasing or eliminating these cause, you greatly increase the odds that you will never develop the disease:

- Smoking is responsible for about 83 percent of all lung cancers. Two packs a day makes you 25 times more likely to develop the disease than a nonsmoker is.
- Sunlight is responsible for thousands of non-melanoma skin cancers, and evidence continues to accumulate which shows it is a factor in the development of melanoma, an often fatal form of skin cancer.
- Smokeless tobacco, or snuff, greatly increases the risk of developing cancer of the mouth, larynx, throat, and esophagus. It is highly habit forming.

 Estrogen taken by women to control menopausal symptoms increases cancer risk. Its use should be carefully evaluated by both doctor and patient.

Fresh fruits, vegetables and whole grains - Medical studies show these high fiber ingredients may help prevent cancer.

• A high-fat diet increases risk for colon, breast, and uterine cancers and may be a risk factor in cancer of the colon and prostate. High-fiber foods may reduce the risk of colon cancer and are a good substitute for high-fat foods.

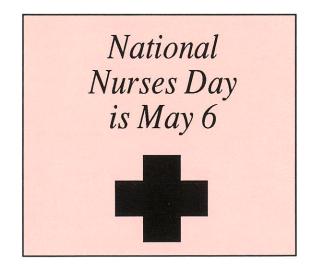
Early Detection

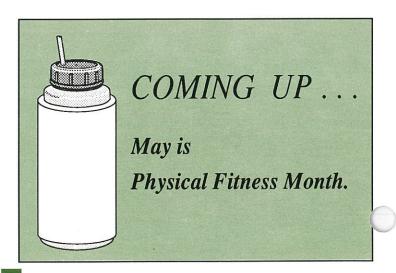
Getting an early diagnosis of any cancer will make treatment less extensive. The ACS recommends three tests for colon and rectum cancer in people without symptoms. The

digital rectal exam should be performed every year after age 40. The stool blood test is recommended every year after 50, and the proctosigmoidoscopy should be carried out after two annual exams with negative results.

Women can have cervical cancer diagnosed by having a Pap test and pelvic examination each year. If tests show normal three years in a row, the test may be performed less frequently.

Self-examination for breast cancer can be done by women ages 20 through 35 with a physical examination by a physician every three years. The ACS recommends a baseline mammogram at ages 35 and 39, and a mammogram every 1 to 2 years thereafter, depending on the doctor's advice.







Carolina Mills Participated In CVCC Career Day

On March 6, 1991, Catawba Valley Community College (CVCC) held its annual Career Day. The Career Day is available for all high school juniors and seniors who attend Catawba County, Newton City, or Hickory Public schools.

Willie Wentz, Personnel Administrator at Plant No. 2, and Larry Mosteller, Personnel Administrator at Plant No. 3, represented Carolina Mills at the Career Day. They displayed many items Carolina Mills produces and had finished products that contain our yarn and canton flannel. Video equipment was set up so the students could view a video about Carolina Mills.

Approximately 1,500 students attended the Career Day. Many of the students who attended have parents or relatives employed with the company. One student who attended is employed at Plant No. 2 in Newton. Willie and Larry both said the response was good and they were very pleased with the turnout.



Larry Mosteller (left) with Bandys High School student Leigh Anne Sigmon (right), daughter of Jerry Sigmon, Plant No. 3



Willie Wentz (left) with Anna Goodson, student at Bandys High School (right). Anna is a full-time employee of Plant No. 2.

Letter Of Thanks Received

Mr. Melvin Johnston, Tennessee State Textile Citizen of the Year, was recognized in the November 1990 issue of the *CaroLines*. Mr. Johnston was recognized for a letter which he sent to Ed Schrum, Chief Executive Officer of Carolina Mills, in appreciation for gift packages that were presented to all State Finalists. The following letter was mailed to Nancy Schrum, Director of Human Resources.

To: Nancy H. Schrum

Director of Human Resources

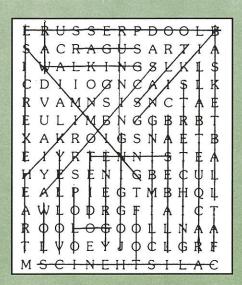
Carolina Mills

It was a great honor and a big surprise to be recognized in your Carolina News Magazine recently.

Your thoughtfulness and concern are deeply appreciated. Thanks for taking the time to send me a copy of your magazine.

Keep up the good work.

Thank you, Melvin Johnston Dixie Yarns, Inc. Chattanooga, Tenn. 37401



Feeling
Great Word
Search
Answers



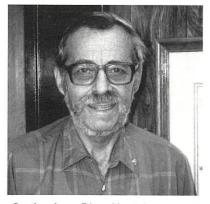
PLANT NEWS

Teamwork



(l-r): Grady Rhodes, Supervisor of Overhaulers, was assisted by Carl Mack, Steve Mack, Rob Lewis and Charles Smith, all whom are Overhaulers, in moving of machinery from Plant No. 22.

Blood Donor Recognized



Ruffen Canipe from Plant No. 8 has been helping others for 40 years. During that time he has donated 41 pints (five gallons) of blood. He gives every six to eight weeks, depending on his health. Ruffen plans to continue giving every opportunity he can.

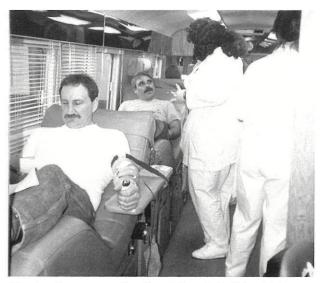
Give the gift of life Donate Blood

BloodHound Arrived!

The BloodHound unit of the American Red Cross pulled into Plant No. 4N's parking lot March 12 for a day of blood donating from Plants No. 3 & No. 4. By the end of the day, 61 pints of blood had been collected. Seventy-four people signed up to donate blood. Eight were first time donors. Plant No. 4C held a blood drive March 15; a total of 51 pints of blood were collected. Fifty-nine employees signed up; two were first-time donors.



Mari Ledford, Plant No. 3, donated blood.



Charles Bumgarner (front) and Darrell Hall (back) from Plant No. 4 in Newton donated blood.



PLANT NEWS

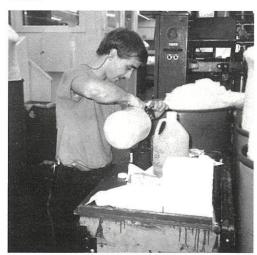
"Crafted With Pride" in the U.S.A



(I-r) Kate Gibson, Dawana Huffman, and Loretta Whitworth,from Plant No. 21 Lab, display a jacket made from yarn produced at Plant No. 21 in Ranlo. Notice the "Crafted with Pride" hangtag.

Employee of the Month for March

David Philbeck, Spinning Foreman at Plant No. 24, has been selected as Plant No. 24's "Employee of the Month". Berry Cauble, Personnel Administrator at Plant No. 24, says, "David is a dedicated and loyal employee. All the employees at Plant No. 24 salute David as Employee of the Month for March."



David Philbeck Plant No. 24 "Employee of the Month" for March

Employee Feature



Bill Bridgers, an employee of Plant No. 12 in Statesville, was awarded \$100 in gift certificates, a trophy knife and special recognition from Hoechst Celanese Corporation. Bill was recognized for his alertness in catching a mislabeled bale of fiber in the plant from Hoechst Celanese. Bill's quick action saved the 2069 program (Trevira Fiber) several thousands of dollars. Mixed fiber will result in yarn a customer didn't order. If yarn is returned to a plant, a customer could issue a complaint, thus affecting a plant's incentive. Bill's careful attention to the labeling of the bale benefited each employee. Congratulations, Bill! Keep up the good work! Making the presentation (I-r): Bob Cook, Plant Manager, Plant No. 12; Milt Sweatman, Hoechst Celanese; Bill Bridgers, Plant No. 12; and Charles Nelson, Carding Supervisor, 2nd shift, Plant No. 12.

3rd Graders Learn Textile Operations



Freddie Butler, Supervisor at Plant No. 22 (back), explained the processing of yarn in a textile operation to Ms. Trammell's 3rd grade class at Gardner Park School in Gastonia. The students were presented with Carolina Mills headbands and pencils.



PLANT NEWS

Furniture Market

The Spring Furniture Market will open in High Point, NC April 18. According to John Wells, President of CM Furniture, "The current economic conditions indicate that this will be a very challenging market. Dealers will be looking for good designs with quality and value. CM Furniture employees are dedicated to making products to fill this need."

Throughout the CM Furniture plant, people are working on new samples for the market display. New designs are being added to CM Furniture's highly successful oak and cherry collections and a variety of new sleep sofas are being developed for the upholstery program.

All of the employees of CM Furniture can take pride in the CM Furniture Showroom presentation. The complete product line will be attractively displayed for buyers from all parts of the world to review.



308 Drop Leaf End Table One of the many tables that will be displayed at the April 1991 Furniture Market.



Edgar Walton, Upholsterer Working on a sofa to meet customer shipments before the market.



Dale Ingle, Upholsterer Hard at work as he gets CM Furniture's upholstered pieces ready for the market.



Tim Ingle, Samplemaker
Makes a final inspection of a sample table before sending to the
Finishing Department. Table to be shown at April Market.



Service Awards

April Service Anniversaries:

5 Year Award

Howard Hefner	Plant No. 3
James David Mullins	Plant No. 8
Chuck Bradley	Main Office
Lisa Burchfield	Plant No. 24
Dennis Gibson	Plant No. 4
Deborah Pezzeca	Plant No. 8
Bobby Minton	Plant No. 12
Walter Willis	Plant No. 4
Charlene Staton	Plant No. 4
Tina Travis	Plant No. 4
Suzanne Whitney	Industrial
	Engineering
Benjamin Neff	Plant No. 4
Ernest McCullough	Plant No. 14
Jack Bailey	CM Furniture
Carol William Coleman	Plant No. 2
John Kilpatrick	CM Furniture
Michael Martin	CM Furniture
Terry Thorneburg	Plant No. 12

10 Year Award

Jerry Hall	Plant No. 3
George Bost, Jr.	Plant No. 4
Cathy Fox	Plant No. 14
Phillip W. Morrison	Plant No. 6
Edward W Wallace .lr	Plant No. 12

15 Year Award

Walter Max Eades	Trucking
Phillip Neal Luther	Plant No. 1
Geneva Tarter	Plant No. 12

20 Year Award

Charles Robinson	Plant No.	5
Elizabeth Moncree	Plant No.	5
Ernectine Hunter	Plant No	5

Service Awards Presented in March:



Jimmy Martin, Plant No. 5 (right), was presented a pewter tray on February 14, for 20 years of continuous service by Fred Hoffman, Plant Manager (left).



Sherry McRee (left) received her 5 year pin in recognition of 5 years of continuous service on February 24. Award was presented to her by Tom Pruitt, Vice President of the Weaving Division (right).



Curtis Courtney, Plant No. 4, received his 15 year award in recognition of 15 years of continuous service on February 11.



Rickey Henley (right) received his 5 year pin in recognition of 5 years of continuous service on February 24, from Clyde Hatchett, Traffic Manager (left).



Alma Rollins, Plant No. 22 (right), received her 5 year pin in recognition of 5 years of continuous service from Charles Morgan, Spinning Supervisor (left).



Larry Brown, Plant No. 4, received his 5 year pin in recognition of 5 years of continuous service on February 17.



Johnny Johnson, Plant No. 5 (right), was presented his 15 year award on March 4, for 15 years of continuous service by Fred Hoffman, Plant Manager (left).



Lori Peterson, Plant No. 5 (right), received her 5 year pin in recognition of 5 years of continuous service from Fred Hoffman, Plant Manager (left).



Announcements

Employee Discounts

Discounts
Carolina Mills Beverage Bags\$5.00
Carolina Mills Christmas Cookbook \$5.00
Carolina Mills Windshield Covers\$4.00
Carolina Mills Key Chains\$4.00
Carolina Mills Green Corduroy Ballcaps\$5.00
Carolina Mills Stadium Seats\$5.00
Quarter Century Plus Club Sweatshirts\$15.00 Sizes available:
Mens: L, XL, XXL Womens: L,XL Sweatsuits will be sold as long
as they are in inventory. Sweatsuits can only be purchased by members of the

Carolina Mills Videos:

Quarter Century Plus Club

Styles in Oak; Styles in Pine & Entertainment Centers; Styles in Cherry and Maple (catalogue accompanies each video).
Contact your Personnel Administrator.

CHIMNEY ROCK PARK

Adults	\$5.00
6 to 15 years	
under 6 years	

CATROPATIVOS

Ages 7 - 59\$14.95	
Ages, 4, 5 & 6 and 60+	
\$ 9.50	
Children three years and	
younger are admitted free.	



Adult tickets	\$16.95
Students	\$11.95
Children under 11	FREE

April 6 - May 5
See spring as you've never seen it before during Biltmore Estates Festival of Flowers Victorian spring celebration. For more information, dates, and times call:
1-704-255-1776. Brochures and tickets are available from Ailene Bradley or your Personnel Administrator.

Festival of Flowers

Daylight Saving Time

Just a reminder to set clocks one hour forward at 2:00 a.m. Sunday, April 7.

Remember...Income Tax Day - April 15

The IRS received a letter from an anonymous taxpayer stating he had cheated on his income tax and his conscience was bothering him to such an extent that he couldn't sleep.

The letter concluded: "I'm enclosing \$50 - and if I still can't sleep, I'll send you the balance."

Earth Day: April 22, 1991 What Can YOU Do?

Saving our planet is a monumental task. It's so big that individuals often think there is little they can do to help. On Earth Day 1991, take time out to consider the part you will play in the important task of saving our planet.

Quarter Century Plus Club Banquet Scheduled

The Annual Quarter Century Plus Club Banquet is scheduled for Saturday, May 4, at the First United Methodist Church in Newton.

G Carolina Mills Inc. Factory Outlet

Carpet and Furniture available at this location

Open:
Tuesday & Thursday 10:00 am to 5:00 pm
Saturday- 9:00 am to 1:00 pm

Furniture Outlet

Only Furniture available at this location

Open:

Monday - Friday 9:00 am to 3:00 pm Highway 321 Maiden

CM Furniture will offer during the months of April and May a 40% discount on all tables and upholstery which are on display in the outlet locations.

Q.Carolina Mills

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